

WELCOME TO HILLSDALE



OUR TOWN

1978



BOROUGH OF HILLSDALE

MUNICIPAL BUILDING
380 HILLSDALE AVENUE
HILLSDALE, NEW JERSEY 07642

600-4004

WELCOME TO HILLSDALE !

This booklet, OUR TOWN 1978, was prepared with you, our new resident in mind. We have endeavored to list all services, activities, and programs available to Hillsdale residents. In addition, we have enclosed other booklets or pamphlets which we hope you will find informative and helpful.

I am your Our Town District Representative, and can be contacted for any additional questions. My name is _____ and you may reach me at _____ at about _____.

Sincerely,

The Our Town Committee of
The Borough of Hillsdale

P.S. There are always new programs and events being held in and around Hillsdale. Watch for announcements in local papers and in the Community Life.

OUR TOWN

1978

PRINTED BY THE OUR TOWN COMMITTEE OF
THE BOROUGH OF HILLSDALE

1977-1978

Compiled by Judith D. Kehr

Chairman

Our Town Committee

HILLSDALE PUBLIC LIBRARY
HILLSDALE, NEW JERSEY

INDEX

ROSTER/DIRECTORY	1
MUNICIPAL SERVICES	
Borough Hall	7
Board of Health	7
Department of Public Works	8
Construction Code Agency	8
Municipal Court	9
Police Department	9
Youth Guidance Council	10
Borough Ordinances	11
Municipal Parking	11
Recreation Commission	12
Swimming Pool Commission	12
Planning Board	13
Zoning Board	13
Environmental Commission	13
Shade Tree Commission	13
Municipal Parks	13
Public Library	14
BOROUGH VOLUNTEER SERVICE ORGANIZATIONS	
Fire Department	15
Ambulance Corps	17
POST OFFICE	18
EDUCATIONAL FACILITIES	20
BOARDS OF EDUCATION	22
SPECIAL CHILDREN - SERVICES AND FACILITIES	23
HILLSDALE COMMUNITY BLOOD ASSOCIATION	24
CHAMBER OF COMMERCE	24
STONYBROOK FIELD CLUB	24
PUBLIC EVENTS	25
PAPER DRIVES	25
SCOUTING	
Girl Scouts	26
Boy Scouts	26
Senior Scouts (Explorers)	26
DAYCARE/NURSERY/PRE-SCHOOL FACILITIES	
Daycare	28
Hillsdale Programs	28
Local Programs	28
Childcare Coordinating Council	29
PARENT/SCHOOL/PARENT-TEACHER ORGANIZATION	
Parent-Teacher A.S.K.	30
PTA, FFA, and/or PFA	30
P. V. High School Band Parents Association	30

CLUBS AND ORGANIZATIONS IN AND AROUND HILLSDALE

Gen. Leon Wood American Legion	31
50+ Club	31
Friends of the Library	31
Hillsdale Baseball Association	31
Hillsdale Chess Club	31
Hillsdale Democratic Club	31
Hillsdale Duplicate Bridge Club	31
Hillsdale Republican Club	31
Hillsdale Woman's Club	32
Junior Women's Club	32
League of Woman Voters of Pascack Valley	32
Sundial Garden Club	32
Valley Grenadiers Booster Organization	32
VFW Post 8965	32

SENIOR CITIZENS - SERVICES AND FACILITIES

50+ Club	34
Senior Citizens Community Room	34
Senior Citizen and Civic Center	35
Bergen County Office on Aging	35
Health Consultation and Screening Program	35
Transportation - Medical	35
Meal Services	36
Extra Income	36
Senior Citizen Bus	36

SERVICE ORGANIZATIONS AVAILABLE TO HILLSDALE

F.I.S.H. of Pascack Valley	37
Meals on Wheels of Pascack Valley	37
Planned Parenthood of Bergen County	37
S.P.R.Y.	37
Visiting Homemaker Service of Bergen County	37
Visiting Homemaker Service of Pascack Valley	38

MEDICAL FACILITIES/SERVICES

Emergency Room	39
Area Hospitals	39
Hillsdale Board of Health	39
Pascack Valley Mental Health Center	39
Cerebral Palsy Center	39
Hot Lines	40
H.A.R.P.	41
Women's Health Clinic	41

COMMUTATION

Bus	42
Rail	42
Taxi	42

NEWSPAPERS

HOUSES OF WORSHIP	43
-------------------	----

PAGE(S)

COUNTY PARKS	45
Park-Use Permits	46
Listing of Local County Parks	47
Special Facilities	48
County Park Bus	

Throughout this booklet, many references are made to the "PASCACK VALLEY" area. Pascack Valley encompasses the towns of Hillsdale, Montvale, Park Ridge, Westwood, Woodcliff Lake, Washington Twp., and River Vale. These 7 towns work in cooperation to bring their residents services and facilities that would be otherwise unaffordable to one municipality alone.

1978

ROSTER OF BOROUGH OFFICIALS, BOARDS AND COMMISSIONS

<u>TITLE</u>	<u>NAME and ADDRESS</u>	<u>TELE. NO.</u>
<u>MAYOR:</u>	MISCIAGNA, Thomas D. 31 Chelsea Court	664-1047
<u>COUNCIL PRES:</u>	ECKARDT, William J. 31 Riverdale Street	666-2432
<u>COUNCILMEN:</u>	CICORIA, Catherine 30 Bedford Road	664-7275
	LOOES, John R. 8 Meadow Drive	664-1741
	STUCKEY, Edward F. 7 Edgewood Court	666-3138
	KELLEY, John E. 14 Country Lane	666-0870
	Fitzpatrick, John W. 166 Washington Ave.	664-0402
<u>BOROUGH CLERK:</u>	ROTAR, Elizabeth F. Municipal Building	666-4800
<u>SECRETARY TO BOROUGH CLERK:</u>	McDONALD, Nora T. Municipal Building	666-4800
<u>TAX COLLECTOR & TREASURER:</u>	KELLEY, Patricia A. Municipal Building	666-4800
<u>ATTORNEY:</u>	WITTMAN, Walter T. Municipal Building	664-4800
<u>AUDITOR:</u>	SCHILL, Charles E. P. O. Box 434 (333 Fairview Ave.) Westwood, NJ 07675	664-2975
<u>ASSESSOR:</u>	SOMMERS, Evelyn Z. Municipal Building	666-4800
<u>ENGINEER:</u>	BETTIGOLE, Neal H. Municipal Building	666-4800
<u>SUPT. D. P. W.:</u>	D'AMICO, Joseph Borough Garage	664-3744
<u>POLICE CHIEF:</u>	VARISCO, Philip J. Police Headquarters	664-4200
<u>JUDGE:</u>	DORFMAN, Bernard 87 Old River Street Hackensack, NJ 07601	487-3302
<u>PROSECUTOR:</u>	DONOHUE, Richard J. 1 Essex Street Hackensack, NJ 07601	342-3535

<u>TITLE</u>	<u>NAME and ADDRESS</u>		<u>TELE. NO.</u>
<u>COURT CLERK:</u>	KEISS, Charlotte	Municipal Building	666-4800
<u>RECREATION DIRECTOR:</u>	TALAMO, Joseph	Regional High School	664-5220
<u>WELFARE DIRECTOR:</u>	WOLFE, Arlene	Municipal Building	666-4800
<u>HEALTH OFFICER:</u>	STARK, Guy	Municipal Building	666-4800
<u>SANITARIAN:</u>	BEYER, Joyce	Municipal Building	666-4800
<u>PLUMBING INSPECTOR:</u>	ZAMPOLIN, Louis	Municipal Building	666-4800
<u>REGISTRAR OF VITAL STATISTICS:</u>	WAGNER, Lucy	Municipal Building	666-4800
<u>PUBLIC HEALTH NURSE:</u>	CONN, Kathleen	Municipal Building	666-4800
<u>CIVIL DEFENSE DIRECTOR:</u>	FICHTENBAUM, Abraham	79 Hillsdale Court	664-1916
<u>ASST. DIRECTOR:</u>	AMORATI, Louis	105 Riverdale Street	664-3960
<u>FIRE DEPT. CHIEF:</u>	FRANKLIN, William M.	41 Washington Avenue	666-4745
<u>ASSISTANT CHIEF:</u>	McCALL, Ronald R.	39 Conklin Avenue	664-7916
<u>FIRE PREVENTION BUREAU CHIEF INSPECTOR:</u>	BLINN, Robert J.	145 Magnolia Avenue	664-4409
<u>ASSISTANT CHIEF INSPECTOR:</u>	ARIGOT, Richard T.	321 Kinderkamack Road	666-0927
<u>BOARD OF FIRE OFFICERS CLERK:</u>	GLUCKLER, Franklyn C.	234 Ell Road	666-0658
<u>ASSISTANT CLERK:</u>	SCHREIBER, Richard E.	70 Beech Street	664-0238
<u>AMBULANCE CORPS: PRESIDENT:</u>	BRADSHAW, Robert E.	72 Lawrence Street	664-5761

<u>TITLE</u>	<u>NAME and ADDRESS</u>		<u>TELE. NO.</u>
<u>POOL COMMISSION CHAIRMAN:</u>	FREY, Frank	320 Liberty Avenue	666-8115
<u>PLANNING BOARD CHAIRMAN:</u>	HAYDE, John J.	66 Ralph Avenue	666-0282
<u>ENGINEER:</u>	EARLE W. BAILEY, P.E.	365 Broadway	664-4913
<u>ZONING BOARD CHAIRMAN:</u>	CARTY, Gerard J.	145 Maple Avenue	666-8629
<u>UNIFORM CONSTRUCTION CODE AGENCY CONSTRUCTION OFF'L:</u>	SCHLICHT, Roger	Municipal Building	666-4800
<u>BUILDING OFFICIAL:</u>	SCHLICHT, Roger	Municipal Building	666-4800
<u>PLUMBING OFFICIAL:</u>	ZAMPOLIN, Louis	Municipal Building	666-4800
<u>FIRE OFFICIAL:</u>	BLINN, Robert	Municipal Building	666-4800
<u>ELECTRICAL OFF'L:</u>	MIDDLE DEPT. INSP. AGENCY, INC.	900 Haddon Avenue Collingswood, NJ 08108	609-858-4400
<u>YOUTH GUIDANCE COUNCIL:</u>	GANZ, Linda	4 Conklin Avenue	664-3433
<u>RECREATION COMMISSION CHAIRMAN:</u>	HABERMAN, Howard S.	221 Oak Ridge Road	664-8455
<u>ENVIRONMENTAL COMMISSION CHAIRMAN:</u>	STUBBS, John E.	80 Westdale Avenue	664-9008
<u>SHADE TREE COMMITTEE CHAIRMAN:</u>	JOHANSEN, H. Edward	59 Standish Road	664-0179
<u>OUR TOWN COMMITTEE CHAIRMAN:</u>	KEHR, Judith D.	33 Washington Avenue	666-2309
<u>BOARD OF HEALTH PRESIDENT:</u>	ARONSON, Miriam	305 Ell Road	664-9166

<u>TITLE</u>	<u>NAME</u>	<u>TELE. NO.</u>
<u>PUBLIC LIBRARY DIRECTOR:</u>	MELONE, Betty	664-0020
<u>POST OFFICE POSTMASTER:</u>	MAYER, Erwin	664-3545
<u>SPT. POSTAL OPERATIONS:</u>	CORCORAN, William	664-3545
<u>HILLSDALE SCHOOL SYSTEM SUPERINTENDENT:</u>	GARDULLO, Michael	664-0282
<u>PRINCIPALS:</u>		
George White School	PARRY, Donald	664-0894 / 664-0286
Smith School	ATCHINSON, Allan	664-1188
Meadowbrook School	DE PASCALE, M. Donald	664-8088
<u>PASCACK REGIONAL HIGH SCHOOLS SUPERINTENDENT:</u>	LUND, D. R.	664-5220
<u>PRINCIPALS:</u>		
Pascack Valley High	SAXE, Morris	664-5220
Pascack Hills High	DI PAOLA, Bart	664-5220
<u>ST. JOHN THE BAPTIST SCHOOL PRINCIPAL:</u>	MC CLURE, Sister Patricia	664-9897
<u>P. V. SPECIAL EDUCATION DIRECTOR:</u>	LAMPERT, Robert	666-4112

DIRECTORY

Ladies Auxiliary Fire Department	Elizabeth Durie	666-3974
Womens Auxiliary Ambulance Corps	Pat Thoens	666-8124
Community Blood Bank Association	Edie Castellano	664-9391
Chamber of Commerce	Elliot Schwartz	664-1494
Girl Scouts	Jean Kling	666-3650
Boy Scouts	Nick Menyhard	664-9473
Scouting for Handicapped Children	Howard Leigh	391-6253
Parent Teacher ASK	Robert Lampert	666-4112
P. V. H. S. Band Parents Association	Pete D'Angelo	664-5220
50+ Club	Lina Allen	666-8655
Friends of Library	Mary Campanella	664-6571
Baseball Association	Warren Klein	666-0794
Chess Club	Jack Mol	666-1490
Democratic Club	Martin Obolsky	666-4363
Duplicate Bridge Club	Philip Yasny	391-6092
Republican Club	Al Schuette	664-1964
Women's Club	Elaine Raia Sue Cicala	666-0313 664-5723
Jr Women's Club	Peggy Patterson	666-3169
League of Women Voters of Pascack Valley	Marilyn Saks	666-9651
Sundial Garden Club	Peg Mockler Ann Wallen	666-3965 664-3089

Valley Grenadiers Drum and Bugle Corps	Mrs. C. Adrion Steve Lusardi	666-1515 666-2939
VFW Post 8965	Ed Farrell	664-1803
Senior Citizen Community Room	Mary Campanella	664-6571

Church Pastors

Holy Trinity Episcopal	Rev. John Negrotto	664-2428 / 664-3158
Pascack Bible Church	Rev. R. Fred Beveridge Rev. William Wortman	666-1738 / 666-2353 666-9252 / 666-2353
St. John the Baptist R. C. Church	Rev. Charles Vogel	664-3131
United Methodist Church	Robert Gue	664-5231 / 664-1533

I. MUNICIPAL SERVICES:

A. BOROUGH HALL: Phone: 666-4800
Upper Level, Municipal Building,
380 Hillsdale Avenue

1. Borough Clerk's Office: Open from 8:30 AM - 4:30 PM, Monday thru Friday. Here one may apply for a dog license, pay property taxes, or register to vote. The Borough Clerk and her staff will be glad to assist you in any Borough matter.
2. Municipal Offices: Offices of Borough Tax Collector & Treasurer, Assessor, Court Clerk, Fire Prevention Bureau, Welfare Director, and Registrar are also located in the Borough Hall.
3. Council Chamber/Municipal Court:
 - a. The Mayor and Council Meeting is held the 2nd and 4th Tuesday of the month, in the Council Chamber. Meetings are open to the public and begin at 8:00 PM.
 - b. Municipal Court is held the 2nd and 4th Wednesday of the month in the Council Chamber. Court begins at 3:30 PM (see section I, E).

B. BOARD OF HEALTH: Phone: 666-4800
Side entrance, Municipal Building
380 Hillsdale Avenue

1. All programs are available to Hillsdale residents free of charge. Please fill out and mail the enclosed card to the Board of Health. It is imperative that these cards be mailed to the Board, for census as well as for school planning.
2. Child Health Conference:
 - a. Held monthly by appointment. Call for dates and times.
 - b. Provides counseling, immunizations, and periodic physical examinations for well infants and pre-school children.
3. Heart Risk Program:
 - a. Held Tuesdays from 1:00 - 3:00 PM by appointment.
 - b. Available to residents over 18 years of age for the following:
Blood Pressure Determination
Diabetic Screening
Health Counseling
4. Screening and Immunization Programs as needed for:

a. Influenza	c. Rubella	e. Pre-school hearing
b. Measles	d. Vision - Lazy Eye	f. Anti-rabies

I. MUNICIPAL SERVICES: (continued)

5. Rabies Clinic: Free rabies shots given annually to all dogs. Notification of clinic is given to all residents by mail, and announced in local papers. ALL DOGS over the age of 7 months MUST be licensed and each dog must have a rabies certificate to obtain a license. Clinic usually held in late winter or early spring.
6. The Board holds open public meetings the 1st Monday of each month at 8:00 PM in the Council Chambers of the Municipal Building.

C. DEPARTMENT OF PUBLIC WORKS: Phone: 664-3744
371 Washington Avenue

1. Our DPW consists of Road, Parks, Sewer, and Sanitation Depts. DPW hours are 7:00 AM - 3:00 PM, Monday - Friday. All services are free of charge.
2. Garbage Pick-Up: Garbage pick-ups are twice per week; either Monday and Thursday - or Tuesday and Friday, depending on the area in which you live.
3. Rubbish Pick-Up: Rubbish pick-up is every Wednesday. All rubbish is to be placed at curb by 6:00 AM Wednesday, but not earlier than 6:00 AM Tuesday. Small rubbish such as leaves, ashes, etc. must be in bags, boxes or containers. Shrubbery and branches must be tied in bundles no more than 4'-5' long.
4. Land Fill: Residents may take their own rubbish to the town land fill area on designated Saturdays during April, May and October, November. Hours: 10:00 AM - 4:00 PM. Residency must be proven by a car sticker (parking sticker), which may be obtained from Police Headquarters.
5. Fall Leaf Service: Each fall, DPW removes all leaves raked to the curb. Announcements of schedule are made by mail and in local papers.

D. CONSTRUCTION CODE AGENCY: Phone: 666-4800 Borough Hall

1. The CCA office is open 9:00 AM - 1:00 PM, Monday thru Friday. Agency consists of Construction, Building, Fire, and Plumbing Code Officials.

I. MUNICIPAL SERVICES: (continued)

2. All construction requires a permit issued by the Construction Code Agency. Permits for all building, plumbing, heating, and electrical work are issued from the same office. Information on the requirements for any of the above permits may be obtained by calling the CCA office at the Borough Hall.

E. MUNICIPAL COURT: Council Chamber, Borough Hall

Generally, court sessions are held on 2nd and 4th Wednesdays of the month at 3:30 PM. The Court Clerk is available for any questions at #666-4800 Monday - Friday from 9:00 AM - noon.

F. POLICE DEPARTMENT: Phone: 664-4200
Lower Level, Municipal Building
380 Hillsdale Avenue

1. Hillsdale Policemen are on duty 24 hours a day, 7 days a week. In addition to the Regular Policemen, Hillsdale has units of Special Police and Police Reserves. The Policemen will be glad to assist you with any problems or emergencies.
2. Crossing Guards: Hillsdale employs more than 20 school-crossing guards. They are on duty at busy intersections before school, during lunches, and again after school. There is always a need for full or part time crossing guards. Call Police Headquarters for information.
3. Defensive Driving courses are given throughout the year. Courses are presented at Police Headquarters and in the High School adult education program. For further information call Police Dept. or check local papers for course announcements.
4. Parking Stickers: Stickers are issued at Police Headquarters. The stickers are issued annually, free of charge. A car must have a current sticker when parked in either Borough lot, and to attain entrance to the Municipal land fill area.
5. Security Home Check: Upon your request, an officer will check your home for any security hazards. Contact Police Headquarters for details and an appointment. (see pamphlet & card enclosed).
6. Vacation Home Check: Personally come to Police Headquarters and register with the officer on duty. Periodic checks of your home will be made by Police during your absence. This registration MAY NOT be made by phone. (Be sure to suspend all home deliveries during your absence).

I. MUNICIPAL SERVICES: (continued)

7. Emergency Situations: In the event of a fire, medical emergency, or accident in your home, contact Police IMMEDIATELY. (place enclosed Emergency Sticker on your phones). Clearly state your name, the problem, and your address to the officer. * The Fire Dept. and Ambulance will only respond at the request of the Police. (Ambulance will also respond upon the request of a physician). Our Police are all well trained and will respond to your call immediately.
 8. Special Notification: Notify the Police Dept. or Fire Prevention Bureau of any invalids residing in your home. A confidential list is kept at Headquarters in the event of any emergency. Invalid stickers are provided upon request by the Fire Prevention Bureau. #664-4200, #666-4800.
 9. A Citizens Band Radio Basestation has been installed at the communications desk at Police Headquarters. The Dept. monitors Channel 9 (REACT) on a round-the-clock basis for emergency reports. Citizens can report serious crimes, motor vehicle accidents, dangerous road conditions, and serious motor vehicle violations.
 10. PBA Local #207: P. O. Box 15, Hillsdale. Local #207 is made up entirely of Hillsdale Policemen. The local supports scouts, Little League, and a variety of activities and organizations in town.
 11. Law Enforcement Explorer Troop #207: The Hillsdale PBA sponsors this co-ed scout troop. The Police instruct young people interested in police work and procedures. (see Sec. XII) Write to PBA President, PO Box 15, Hillsdale, N. J. 07642.
- * Many streets in Hillsdale have similar sounding names. It is most important that you state your full address clearly.

G. YOUTH GUIDANCE COUNCIL:

1. Pre-court procedure for troubled youths and their families. Contact Police Headquarters for further information.
2. The Council meets the 3rd Tuesday of each month at the Municipal Building at 7:30 PM.

I. MUNICIPAL SERVICES: (continued)

- H. BOROUGH ORDINANCES: Listed here are some of the ordinances which generally affect Hillsdale residents in daily life.
1. Parking: THERE IS NO OVERNIGHT PARKING on any public street or in Municipal lots. If a car must be left overnight, notify the Police before 2:00 PM.
 2. Dog Licensing: Borough Ordinance RO#4 requires that all dogs over the age of 7 months must be licensed yearly. You may apply for a license at the Borough Clerk's Office, Borough Hall. ANY unlicensed dog at large will be impounded by Police.
 3. Soliciting: There is no door to door vending or soliciting allowed in Hillsdale without a permit issued by the Police. All solicitors with a Police Permit must wear an oval-shaped badge in plain view at all times. If a solicitor comes to your door, not wearing a badge, report him/her to Police.
 4. Bicycles: Borough Ordinance #73-6 requires that bicycles which are to be used on Hillsdale highways must be registered and inspected annually. Registration is free. Inspections are held in May and June. Check local papers for dates.
 5. Noise: Borough Ordinance #69-13 states that the occurrence of loud, unnecessary or unusual noises in the Borough are unlawful. Noises include: Loud horns and engine exhaust devices. The playing of a radio, television, phonograph, etc. that disturb the peace of neighbors at a volume louder than is necessary for convenient hearing of persons in the area where the machine is operated. Check with the Police for any other violations.
 6. Garage Sales: Borough Ordinance #77-17 requires that persons wishing to hold a garage sale must obtain a permit for such a sale at the Borough Hall. (Permits are free of charge.) Only one permit may be obtained during a 6 month period, and sales may be held on three (3) consecutive days only. Check with Borough Hall for specifics if a sale is cancelled due to inclement weather.

I. MUNICIPAL PARKING:

1. There is no meter parking in Hillsdale, all parking areas are free.

MUNICIPAL SERVICES: (continued)

2. Cars parked in Municipal Lots require a Borough parking sticker. Stickers are issued annually and are free of charge at Police Headquarters. Vehicles having no stickers in Borough lots WILL BE TICKETED.
3. There is no overnight parking in any Borough lot. If a vehicle must remain in lot overnight, contact Police Headquarters.
4. Locations: East Lot: Between Washington and Hillsdale Aves.
West Lot: West of Broadway on Hillsdale Ave.

J. RECREATION COMMISSION:

1. Activity/program schedules are printed 4 times a year. Copies are available at the Borough Hall. (see schedule enclosed).
2. Daycamp:
 - a. Programs are offered for 6 weeks during the summer. Camps are held at George G White and Ann Blanche Smith Schools, and are open to children entering grades 1-8. Registrations are announced in local papers.
 - b. Proof of grade and a registration fee (for camp shirt and insurance) are required. Registrations can be made any time during the season, at the camps.
 - c. Activities include weekly swim trips to Stonybrook Swim Club, scavenger hunt and cookout, athletic competitions, field trips, and a variety of other special activities.
 - d. Camp Hours: 9:00 AM - 2:00 PM Monday - Friday.
3. Sports programs are offered for adults as well as for children, throughout the year. Programs: baseball, football, wrestling, soccer, softball, bowling, tennis, etc.
4. The Commission holds Public Meetings at the Municipal Building, the 2nd Wednesday of each month at 8:00 PM.

K. SWIMMING POOL COMMISSION:

1. The Swimming Pool Commission is responsible for the operation of Stonybrook Swim Club. (see Section VII.)
2. The Commission holds Public Meetings at the Municipal Building, each Tuesday at 7:00 PM.

I. MUNICIPAL SERVICES: (continued)

L. PLANNING BOARD:

1. The Board holds open public meetings at the Municipal Building, the 3rd Tuesday of each month at 8:00 PM.

M. ZONING BOARD:

1. The Board holds open public meetings at the Municipal Building, the 3rd Wednesday of each month at 8:00 PM.

N. ENVIRONMENTAL COMMISSION:

1. The Commission holds open public meetings in the Municipal Building, the 3rd Thursday of each month at 8:30 PM.

O. SHADE TREE COMMISSION:

1. The Commission holds open public meetings at the Municipal Building, the 1st Monday of each month at 8:30 PM.
2. Commission is responsible for the pruning, removal, and planting of trees on Borough property.

P. MUNICIPAL PARKS:

1. Memorial Park: Located on Broadway, between Hillsdale and Park Avenues. Facilities: shaded walks, benches, and Memorial Monuments to Hillsdale Veterans and Firemen.
2. Veterans Memorial Park: Located east of Kinderkamack Road, between Hillsdale and Washington Avenues. Facilities: ball fields, basketball courts, and parking facilities.
3. Beechwood Park: Located east of Kinderkamack Road, on Hillsdale Avenue, between Holdrum Street and Everdell Avenue. Facilities: band shell, picnic areas, nature trails, playground equipment, and an unstructured playing field.
4. Mini-Parks:
 - a. Ice Skating Pond: Located off Sherwood Dr. & Birchwood La.
 - b. "Glendale Park": Located at corner of Glendale Drive and Sycamore Avenue. Park offers playground equipment and park benches.

I. MUNICIPAL SERVICES: (continued)

Q. PUBLIC LIBRARY: Phone: 664-0020

509 Hillsdale Avenue (free parking in rear/entrance available)

1. Our Library is part of the Pascack Valley Library Group. Library card holders have access to most local libraries and a book lending service. Library Director and the staff will be glad to assist you or answer any questions. Phone: #664-0020.
2. Hours: Library, Children's Room, and Senior Citizens Room:

10:00 AM - 9:00 PM Monday - Thursday
10:00 AM - 5:00 PM Friday & Saturday
(closed Saturdays during July and August)
3. Story Hour:
 - a. 2 terms are given each year; one from September - Christmas and another from February - school closing.
 - b. 2 sessions given for pre-school ages
1 session given for primary groups (only upon requests)
 - c. Call Children's Room Librarian for specifics.
4. Summer Reading Program:
 - a. Program is presented as a contest. All children able to read are welcome to enter program.
 - b. Program begins at school closing in June. A different theme is presented each year.
 - c. Small awards are earned for each book read and reported. A Certificate Award is earned on completion of 10 books. (Children report on books in any manner suitable for his/her ability.)
 - d. Award Party is given at end of the program session. Any child entering program, completing and reporting on at least 1 book is invited to attend.
 - e. Register at Library before school closing in June.
5. Adult Book Discussion group: Meeting held 2nd Monday of the month at 8:00 PM in Library Conference Room. Anyone wishing to participate is welcome.
6. Senior Citizen Community Room: Located on lower level of Library. (see Section XVII.)
7. Friends of the Library: (see Section XV.)

II. BOROUGH VOLUNTEER SERVICE ORGANIZATIONS:

Hillsdale is exceedingly proud of its voluntary services. We hope you will join with us in support of these important organizations.

A. FIRE DEPARTMENT: 383 Hillsdale Avenue

1. Response:
 - a. The Fire Department is prepared to respond 24 hours a day, 7 days a week.
 - b. The Department will only respond after you call the Police #664-4200. RED EMERGENCY telephone stickers enclosed in packet are supplied for your convenience by the Fire Department. Apply them to your phones as soon as possible.
2. Reporting Fires:
 - a. Clearly state your name and full address. Many Hillsdale streets have names that are similar, so give your full address clearly.
 - b. Report if structure is fully evacuated, and location of fire. (oven, basement, garage, etc.)
 - c. If possible, close windows and doors, and vacate structure. Remain a safe distance from fire and report to Police or Firemen arriving at scene.
3. Special Notification: Notify Police Department - #664-4200 or Fire Prevention Bureau - #666-4800, of any invalids residing in your home. Invalid stickers are provided by the Fire Prevention Bureau, and a confidential list is kept at Police Headquarters. Be sure to notify Bureau, upon the rehabilitation or departure of the invalid.
4. Free Fire Safety Check: Home fire safety checks are made by the Fire Prevention Bureau, upon request, by calling #666-4800. Installation of a fireplace requires a permit. Apply for permit through the office of the Construction Code Agency. The Fire Prevention Bureau will inspect any fireplace for safety, and upon your request, inspect a newly installed stove.
5. Membership: Anyone over the age of 18, interested in joining the Fire Dept. is welcome to do so. Write to Hillsdale Fire Department, PO Box 85, Hillsdale, NJ 07642.
6. Ladies Auxiliary: Wives or relatives of firemen are cordially invited to join. Members participate in parades and other competitions, provide refreshments for Firemen during major fires, and raise funds to support local service organizations and Fire related organizations, facilities, and groups throughout the County and State. Write c/o Hillsdale Fire Dept.

II. BOROUGH VOLUNTEER SERVICE ORGANIZATIONS: (continued)

A. FIRE DEPARTMENT: (continued)

7. Baby Sitting Course: A course is given annually at the Fire House. Upon completion of course, young people are given a certificate from course instructor. Courses are announced in the Community Life, or write to the Fire Dept., PO Box 85, Hillsdale, NJ 07642.
8. The towns in the Pascack Valley area depend entirely on volunteers for fire protection. Ratings established by the Fire Insurance Rating Organization of New Jersey are used by fire insurance companies to determine rates. Hillsdale Fire Dept. has a "C" rating - the highest rating a volunteer department can attain.
9. The Fire Dept. has participated in many competitions. For many years, Hillsdale has ranked as #1 in these events; including marching, apparatus, and timed performance competitions.
10. Rescue Squad:
 - a. Our Rescue Squad is a group of specially trained Hillsdale Firemen that work in cooperation with the Police Department and Ambulance Corps.
 - b. The Rescue Squad will only be activated by a request from either the Police Department or Ambulance Corps. Phone: 664-4200. When activated, only Firemen from this special unit are permitted at the scene of a rescue operation.
 - c. Any type of rescue operation is performed; and the men are specially trained and equipped for vehicle extrication. The Firemen in this unit must complete a 10 week classroom and 3 week "field work" course in vehicle extrication. In addition, the Rescue Squad holds monthly meetings and drills.

II. BOROUGH VOLUNTEER SERVICE ORGANIZATIONS: (continued)

B. AMBULANCE CORPS: 340 Washington Avenue

1. Response:
 - a. A duty crew is on call 24 hours a day, 7 days a week.
 - b. Call Police #664-4200, for all medical emergencies. State your name, address, and nature of problem clearly. The Ambulance will only respond at the request of the Police Department or a Physician.
2. Ambulance Corps Membership:
 - a. Crews are manned by both men and women. Anyone over the age of 21 is invited to join. (There is always a need for persons able to take day shifts.)
 - b. No special skills are required; members are trained by active medical personnel and N. J. State Licensed Instructors.
 - c. To apply for membership, either stop in at the Ambulance Building any Tuesday evening, or write: Hillsdale Ambulance Corps, PO Box 233, Hillsdale, NJ 07642.
3. All members of our Ambulance Corps have taken the "5 Point Program" as required by the state of New Jersey. In addition, many of the members are State Certified Emergency Medical Technicians. (EMT)
4. Free Transportation is given to any Hillsdale resident, to and/or from ANY medical facility. Contact the Police Department well in advance.
5. Free loan of wheelchair, crutches, canes, etc. Call Police Headquarters or stop at Ambulance Building any Tuesday evening.
6. Womens Auxiliary: Relatives of corps members are cordially invited to join. Active in fund raising for the support of the Ambulance Corps and local organizations. Write: Ladies Auxiliary, c/o Hillsdale Ambulance Corps, PO Box 233, Hillsdale, NJ 07642.

III. POST OFFICE: Phone: 664-3545
 445 Hillsdale Avenue
 HILLSDALE ZIP CODE: 07642

A. GENERAL POST OFFICE INFORMATION:

1. The Postmaster (available 8:00 AM - 5:00 PM) and the Superintendent of Postal Operations (available 6:00 AM - 3:00 PM), and the staff of clerks and mail carriers will gladly assist you with questions or problems.
2. Hours:
 - a. Desk Area: Open from 8:30 AM - 5:00 PM, Monday - Friday; and 8:30 AM - Noon Saturdays for your convenience.
 - b. Lobby: Open from 6:00 AM - 6:00 PM, Monday - Friday; and 6:00 AM - 5:00 PM Saturdays. Lobby contains private boxes and a stamp machine.
3. Boxes: Small size postal boxes are available for rent at \$7.00 for 6 months or \$14.00 for 1 year.

B. MAIL SERVICE: (pick-up and delivery)

1. 1st Class Mail received at the Post Office before 2:30 PM will be processed and sent out that same day.
2. Deliveries: Mail is delivered to residents' homes between 9:30 AM and 3:15 PM.
3. Pick-Up/Home: Mail carriers will pick-up out-going mail from your box when making deliveries. If there is no delivery to your home, the mail carrier will pick-up any out-going mail from your box if it is in sight.
4. Public Mail Box Pick-Up: Public mail boxes are picked up once a day; check times posted on the boxes.
 Boxes are located at:

309 Broadway	Outside Post Office
Hillsdale & Brookside Aves.	Oakland & Clinton Aves.
Washington & Demarest Aves.	Chadwick & Briarcliff Aves.
Outside "7/11" Store (picked up at 5:00 PM)	
5. During the winter months, your mail carrier will not deliver mail if your steps or sidewalks are not safely accessible.
 (i. e. snowcovered or icy)

III. POST OFFICE: (continued)

C. VACATIONS:

1. During your absence from home, it is suggested that you suspend all home deliveries. Requests for suspended Postal deliveries MUST be made IN PERSON at the Post Office. Such arrangements will not be made by phone.
 - a. The Post Office will hold your mail for up to 30 days.
 - b. You may also request that all 1st class mail be forwarded to you.

2. Upon your return, you must pick up your mail from the Post Office. Mail delivery will resume the next regular business day.

D. OTHER:

1. The Post Office also has free "change of address" cards available upon request.
2. Stamp collecting kits are always on sale at the desk.

IV. EDUCATIONAL FACILITIES:

A. *PUBLIC ELEMENTARY SCHOOLS:

Birthday cut-off date: September 30

1. George White Elementary: #664-0286 / #664-0894
Magnolia Avenue (corner Magnolia and Hillsdale Avenues)
2. Ann Blanche Smith Elementary: #664-1188
Hillsdale Avenue (near Garden State Parkway)
3. Meadowbrook Elementary: #664-8088
Piermont Avenue (near River Vale line)

B. PAROCHIAL ELEMENTARY SCHOOLS:

1. St. John the Baptist RC School: Hillsdale #664-9897
(birthday cut-off date: November 1)
2. Zion Lutheran School: Westwood #664-8060
(birthday cut-off date: September 30)

C. *PUBLIC SECONDARY SCHOOLS:

1. Pascack Valley High School: Piermont Ave., Hillsdale
#664-5220
2. Pascack Hills High School: Grand Ave., Montvale #664-5220

D. PAROCHIAL SECONDARY SCHOOLS:

1. Immaculate Heart Academy, Washington Township #445-6800
2. Don Bosco High School, Mahwah #327-8003
3. Bergen Catholic High School, Oradell #261-1844
4. St. Joseph's Regional High School, Montvale #391-3300
5. Paramus Catholic High School, Paramus Boys: #445-6465
Girls: #445-4466

* There are 2 comprehensive booklets dealing with the history and organization of our school systems. "KNOW YOUR SCHOOLS" deals with the Elementary School System and "KNOW YOUR HIGH SCHOOL" deals with our Regional High School System. The Booklets were compiled and printed by the League of Women Voters of Pascack Valley, and are available for a nominal fee from the League.

IV. EDUCATIONAL FACILITIES: (continued)

E. SPECIAL EDUCATION FACILITIES:

1. Pascack Valley Council for Special Education:
Director #666-4112 (8:30 AM - 4:00 PM Monday - Friday)
Parents with children who have special learning problems, or who are auditorily handicapped should contact this office. The PVCSE is responsible for appropriate public school placement of all special children.
2. Bergen County has extensive programs for handicapped children. Classes are presented locally, enabling children to commute daily from home to schools. For further information, contact Pascack Valley Director, #666-4112 or County Supt. of Schools, #935-2990.
3. N.J. State Commission for the Blind and Visually Handicapped will send a qualified person to your home to evaluate your child's visual capacity for proper school placement.
Phone: #648-3333.

F. VOCATIONAL SCHOOLS: (contact HS Guidance Officers)

1. Bergen County Vocational-Technical High School
2. Northeast Bergen County Vocational-Technical Satellite School
3. Bergen County Vocational School for Special Needs

G. COLLEGES: (local only);

1. Bergen Community College, Paramus #447-1500
2. Fairleigh Dickenson University, Teaneck #933-5000
3. Ramapo College of New Jersey, Mahwah #825-2800

H. ADULT EDUCATION:

1. Courses are given in both High Schools each spring and fall.
2. Information and registration is sent out automatically to all Postal Customers.

V. BOARDS OF EDUCATION:

Each February, separate elections are held for the Hillsdale School District and the Pascack Valley Regional High School District. At that time, voters may approve the school budgets and elect persons to serve on the Boards of Education. School budgets are mailed to Postal Customers and are published in local papers.

- A. BOARD OF EDUCATION, HILLSDALE (Elementary Schools)
#664-4512
32 Ruckman Road, Hillsdale
The Board holds open public meetings the 3rd Monday of each month in the 'Media Center' of the George White School at 8:00 PM.
- B. BOARD OF EDUCATION, PASCACK VALLEY REGIONAL H.S.:
#391-2778
46 Akers Avenue, Montvale
The Board holds open public meetings the 3rd Monday of each month at Pascack Valley H.S., Hillsdale, at 8:00 PM.

VI. SPECIAL CHILDREN - SERVICES AND FACILITIES:

As residents of Hillsdale, special children and their parents can participate in many programs and activities. Unless otherwise specified, programs listed are organized through the office of the Director of Special Education #666-4112 (8:30 AM - 4:00 PM Monday - Friday).

- A. PROJECT A.S.K. (Activities for Special Kids):
 1. After school recreational programs for the children in Special Education. Activities are supported by Parent-Teacher ASK and donations from local Recreation Commissions.
 2. Activities include: sports, gym club, teen projects, bowling league, dancing and music appreciation.
- B. PARENT-TEACHER A.S.K. (see section XIV)
- C. BOY SCOUTING FOR HANDICAPPED CHILDREN:
 1. Scout meetings held at 7:30 PM Tuesday evenings at the Westwood Elks Club. (Meetings run from September - June). For boys age 7 and up.
 2. Activities: field trips, historical trips, crafts, and weekend camping for older scouts. Overnight camping trips are at the Alpine Boy Scout Camp, Alpine, NJ or at Camp No-Be-Bo-Sko, Blairstown, NJ.
 3. For information, contact Troop Organizer listed in roster of booklet.
- D. PRE-SCHOOL PROGRAM:
 1. Council for Special Education runs a Pre-school Program for special kids in addition to appropriate school placement for older children. (Programs include speech therapy).
 2. Cerebral Palsy Center, Ridgewood #444-6017
Center provides an on-going nursery and pre-school program for Cerebral Palsy Children. Includes therapy sessions as well as learning programs conducted by a State Accredited Teaching Staff. (Therapy sessions can begin as early as 3 months of age). Contact the Center for information.
- E. CCD CLASSES FOR SPECIAL KIDS:
 1. Classes are held at Our Lady of Good Council, Washington Twp.

VII. HILLSDALE COMMUNITY BLOOD ASSOCIATION:

c/o General Delivery, Hillsdale

1. Part of Bergen Community Regional Blood Center and Bergen Community Blood Bank. Two blood drawings are conducted annually; they are announced in local papers and by posters on the train station.
2. Every resident and person employed in Hillsdale is eligible to secure needed blood in times of personal emergencies, through their family physician or hospital.
3. Meetings are held Monday nights as called. Call or write for information.

VIII. CHAMBER OF COMMERCE:

The purpose of the Chamber of Commerce is to introduce residents to the business community; to inform them that at their doorstep is a viable business community capable of handling almost all of their daily major purchases and services. Enclosed maps printed by the Chamber and the Our Town Committee.

IX. STONYBROOK FIELD CLUB:

Phone: 666-5324 / 666-4800
Cedar Lane and Piermont Avenue

- A. STONYBROOK is a public facility, operated by the Pool Commission. (See Section I, K).
- B. POOL CLUB MEMBERSHIP: To apply for membership, call or write to the Pool Office, Administration Bldg., PO Box 54, Hillsdale, NJ 07642.
- C. FACILITIES:
 1. Family recreational facilities.
 2. Tree shaded picnic grove.
 3. Pool facilities.
 4. Dressing rooms with attendants.
 5. Volleyball courts.
 6. Lighted tennis courts (6). Courts are open 8:00 AM - 7:00 PM in the spring and fall.
 7. Basketball courts (2).
 8. Shuffleboard areas.

X. PUBLIC EVENTS:

There are many public events held annually in Hillsdale. Notices are given by means of fliers, posters, and in local papers. Some of our annual events are:

1. Easter Egg Hunt
2. Memorial Day Parade
3. Police, Ambulance Corps, and Fire Dept. Inspections
4. Open Air Concerts - Beechwood Park (held on 4 Tuesday evenings during July).
5. Ragamuffin Parade (Halloween)
6. Police Pistol Turkey Shoot
7. Santa in Memorial Park

XI. PAPER DRIVES:

There is a paper drive in Hillsdale the 2nd Saturday of each month. Each paper drive is sponsored by a different organization or group from town. Paper drives are announced in local papers and posters on the Police Booth or Train Station. Papers are to be bundled or bagged and placed at the curb.

XII. SCOUTING:

A. GIRL SCOUTS:

1. Children in the Hillsdale School System, as well as those in St Johns are organized according to the school attended. Each school has a "Scout Organizer" as head of that school. Upon entering any of the Hillsdale Schools, your daughter will be given the necessary information to join a scout troop.
2. All Scout leaders are required to take the Ambulance Corps First Aide Course. Leaders must also qualify for a Red Cross Badge before supervising any overnight outing.
3. Troops include: Brownies, Juniors, Cadettes, and Seniors.
4. Activities: historic and nature trips, crafts, overnight camping, community services, and marching in Memorial Day Parade.

B. BOY SCOUTS:

1. The Boy Scouts are organized and regulated by the Bergen Council of the Boy Scouts of America, 1060 Main St., River Edge. #342-8600. For local number, see directory in front of booklet.
2. Troops are run on an "individual" basis, and each troop is sponsored separately by a variety of Hillsdale Organizations. Upon entering any of the Hillsdale Schools (including St. Johns) your son will be sent the necessary information, by the Hillsdale Scouts, to join a troop or pack.
3. Troops include:
 - a. Cub Scouts: boys finishing 2nd grade or ages 8-11
Activities: historic and nature trips, hiking, community services, Maple Syrup Festival, marching in Memorial Day Parade, and overnight camping.
 - b. Scouts: boys finishing 5th grade or ages 11-17
Activities: monthly campouts, historical outings, backpacking, hiking, community services, Winter Fun Weekend (including skating and skiing), and 2 weeks Summer Camp at a Boy Scout Camp.
4. Overnight or weekend camping trips are held at the Boy Scout Camp in Alpine, NJ or at Camp No-Be-Bo-Sko, Blairstown, NJ. Summer Camp is held at Camp No-Be-Bo-Sko, Blairstown, NJ or at Floodwood Scout Camp, Saranac Lake, Adirondack Park, NY.

XII. SCOUTING: (continued)

C. SENIOR SCOUTING: Explorers

1. The Explorers are a co-educational Senior Scout group made up of young men and women ages 15-18, desiring specialization in their activities.
2. Troop #207 is sponsored by the Hillsdale PBA, Local #207, and is counseled by the Hillsdale Policemen. Instruction as to the workings of the Police and legal procedures, as well as proper handling of equipment and weapons is given by the officers.
3. The troop is active in many civic activities and organizations. They assist police with bicycle inspections, parade duty, 'carnival' patrol, and the patrolling of Stonybrook during evenings prior to the Memorial Day, 1977 opening.
4. ANY person interested in joining can do so, no prior scouting participation is necessary. For additional information, write to PBA Local #207, PO Box 15, Hillsdale, NJ 07642.

XIII. DAYCARE/NURSERY/PRE-SCHOOL FACILITIES:

A. DAYCARE:

1. Dr. David Goldberg DayCare Center, Westwood #664-4013
 - a. Pre-school Program - ages 1-1/2 - 5
 - b. Kindergarten Afterschool Program - age 6.
 - c. Summer Recreation Program - all daycare ages.
 - d. Hours: 8:00 AM - 6:00 PM (depending on program)
Monday - Friday.
 - e. Certified Nursery and Elementary Teachers conduct an on-going educational program for each child.

B. HILLSDALE PROGRAMS:

1. Hillsdale United Nursery School: #664-4565
 - a. Programs for children ages 3-5
 - b. Classes available 2, 3, or 5 days a week 9:00 - 11:30 AM
or 12:45 - 3:15 PM
2. St John the Baptist Pre-School: #664-9897
 - a. 3 yr old classes: 8:30 - 11:00 AM Thursday and Friday
 - b. 4 & 5 yr old classes: 8:30 - 11:00 AM Mon, Tues, & Wed
AND 12:00 - 2:30 PM Tues, Wed, & Thurs.

C. LOCAL PROGRAMS:

1. Montessori Learning Center of Pascack Valley, Park Ridge
#573-0898
2. Pascack Valley Cooperative Nursery School, Park Ridge
Write: 130 Berthoud Street, Park Ridge 07656
3. St Paul's Nursery School, Montvale #391-3860
4. YMHA Nursery School, Park Ridge #391-0556
5. Zion Lutheran Nursery School, Westwood #664-8060

XIII. DAYCARE/NURSERY/PRE-SCHOOL FACILITIES: (continued)

- D. CHILDCARE COORDINATING COUNCIL (4 C's), Hackensack
#489-0990 - Bergen County Free Referral Service for childcare.

1. Listing of daycare and after-school centers in Bergen County.
2. List of screened, approved 'providers' (sitters), who care for children in their (the provider's) homes.
 - a. Provider's homes are all inspected and approved by 4C.
 - b. A 4C field worker monitors each provider every 3 weeks.
 - c. All childcare fees are arranged by parent and provider on an individual basis.

XIV. PARENT/SCHOOL/PARENT-TEACHER ORGANIZATIONS:

A. PARENT-TEACHER A.S.K. (Association for Special Kids):

1. Raises funds for Project A.S.K. (Activities for Special Kids) - See Section VI.
2. P.T. -A.S.K. are effective advisory groups for parents of specially handicapped children. They offer a wide range of educational opportunities for these parents, including an AM or PM workshop, financial and legal advice, and a counseling service.

B. PTA, FFA, and/or PFA:

Each Hillsdale school; elementary, high, and parochial, has its own "PTA" organization. Calender of events is printed each school year, and can be obtained through your school office. For information, contact your school office.

FFA - Family-Faculty Association: - George White Elementary

FFA - Family-Faculty Association: - Meadowbrook Elementary

PTA - Parent Teacher Association: - Ann Blanche Smith Elementary

HSA - Home and School Association: - St John's Elementary

PFO - Parent-Faculty Organization: - Pascack Valley High School

PFA - Parent-Faculty Association: - Pascack Hills High School

C. THE PASCACK VALLEY HIGH SCHOOL - BAND PARENTS ASSOCIATION

1. The object of the association is to enlist the cooperation of the home and the school for the purpose of promoting the musical education of the students.
2. Meetings are held on the third Tuesday of each month, September through May. For further information please contact the School office at 664-5220.

XV. CLUBS AND ORGANIZATIONS IN AND AROUND HILLSDALE:

A. GENERAL LEON WOOD AMERICAN LEGION POST #162:

Post Home: Legion Place (off Clinton Avenue)

Open Wednesday evenings.

Active American Legion Auxiliary.

B. 50+ CLUB:

For Hillsdale residents 50 years and older.

Meetings held 2nd and 4th Thursday of each month at the United Methodist Church, noon - 3:00 PM. (See Section XVI)

C. FRIENDS OF THE LIBRARY:

Steering Committee meets the 4th Monday of each month.

For information call the Library or listing in Directory of this booklet.

D. HILLSDALE BASEBALL ASSOCIATION, INC.:

Encompasses: Little League, Babe Ruth, Mickey Mantle, Connie Mack, and Girls Softball Leagues. Registration announced October/November in local papers and in schools. Meetings held 3rd Thursday of each month in Municipal Bldg. at 8:00 PM.

E. HILLSDALE CHESS CLUB:

Sponsored by the Recreation Commission for all residents 9th grade and older.

Meetings held September - June, Wednesday at the A. B. Smith School, 7:00 - 10:00 PM.

F. HILLSDALE DEMOCRATIC CLUB:

PO Box 204, Hillsdale, NJ 07642

Meetings held 4th Thursday of each month in the Public Library, at 8:00 PM.

G. HILLSDALE DUPLICATE BRIDGE CLUB:

Sponsored by the Recreation Commission for all residents H.S. graduates and older.

Meetings held September - June, Mondays at the Meadowbrook School, 7:30 - 10:15 PM.

Registration fee: \$5.00

Chairs provided - please bring card tables.

H. HILLSDALE REPUBLICAN CLUB:

PO Box 153, Hillsdale, NJ 07642

Meetings held 3rd Thursday of each month in the Public Library at 8:00 PM.

XV. CLUBS AND ORGANIZATIONS IN AND AROUND HILLSDALE:
(continued)

- I. **HILLSDALE WOMAN'S CLUB:**
PO Box 154, Hillsdale, NJ 07642
The club sponsors and supports many activities in Hillsdale. Meetings are held each month (except June, July & December). Call or write for information on meeting time and dates.
- J. **JUNIOR WOMAN'S CLUB, Westwood:**
205 Kinderkamack Road, Westwood, NJ 07675
Juniors sponsor and support many activities and service organizations throughout Pascack Valley. "New Members Coffees" are held several times each year, announcements are made in local papers. Members must be 18-35 years of age. Meetings are held the 2nd Tuesday of each month (except July and August) at the Westwood Woman's Club House (address above) at 8:15 PM. Call or write for information.
- K. **LEAGUE OF WOMAN VOTERS OF PASCACK VALLEY:**
PO Box 246, Park Ridge, NJ 07656
League holds annual voter registrations at local markets, as well as publishing informative booklets on schools and local municipal facilities. Call or write for information on meeting time, date, and location.
- L. **SUNDIAL GARDEN CLUB:**
PO Box
Club holds annual plant sales each spring in addition to doing much to beautify Hillsdale with plants. Meetings held 1st Monday of each month at Meadowbrook School at 8:00 PM (except July and August.)
- M. **VALLEY GRENADIERS BOOSTER ORGANIZATION:**
Parents of band members and other interested citizens - supports, aides and raises funds for Drum & Bugle Corps. Meetings
- N. **VALLEY GRENADIERS DRUM & BUGLE CORPS:**
PO Box 243, Hillsdale, NJ 07642
1. Corps is open to children and teens ages 10-17. No previous training is required, corps trains all members. Registration fee: \$1.00. Dues: \$1.50 week (includes uniform, instrument, and instruction). Corps meets Tuesdays and Thursdays 7:00 - 9:00 PM.

XV. CLUBS AND ORGANIZATIONS IN AND AROUND HILLSDALE:
(continued)

- N. **VALLEY GRENADIERS DRUM & BUGLE CORPS:** (continued)
2. Corps consists of Color Guard and Musicians, marches in parades, exhibits and competitions - locally and nationally. For information call or write.
 3. Adults welcome for bus driving, chaperones, etc.
- O. **VFW POST 8965:**
PO Box 172, Hillsdale, NJ 07642
Meetings held 2nd Thursday of each month at 8:00 PM. Write for information.
- P. For other clubs and activities, please check Hillsdale Recreation Commission fliers.
- * In most cases telephone numbers of persons to call for the listings above can be found in the "Directory" at the beginning of this booklet.

XVI. SENIOR CITIZENS - SERVICES AND FACILITIES:

The community of Hillsdale is greatly concerned with the welfare of its senior citizens. Our Council members and local residents are active in beginning and supporting Borough, County, and State programs for our Senior Citizens.

A. 50+ CLUB:

1. Meetings are held from Noon - 3:00 PM on the 2nd and 4th Thursday of each month, in Fellowship Hall (entrance on Magnolia Avenue) of the United Methodist Church, Hillsdale Avenue.
2. The club is a SOCIAL organization, which arranges day trips to shore and mountain areas, as well as local places of interest. Also, there are annual summer picnics and a Christmas Party held by the club. If you are interested in joining, please come to any meeting.

B. SENIOR CITIZENS COMMUNITY ROOM:

Phone: 664-0020

1. Located in the Public Library, the Community room is on the lower level of the Library; the convenient ground level rear entrance has no stairs and a carpeted ramp provides easy access to the room. (Room furnished and decorated by the Jr. Woman's Club.)
2. Residents may use the room anytime they wish, during regular Library hours - listed in Section I, Q.
3. The room is comfortably furnished having a kitchen and private bathroom. There is a stereo and selections of books and literature pertaining specifically to Senior Citizens.
4. Each Tuesday and Thursday at Noon, Senior Citizens are served a balanced hot lunch. A 60¢ donation is requested for the meal, and reservations must be made at least 1 day in advance. (Call 664-0020)
5. Drivers are always needed to transport Seniors to and from the Library for the lunch program. Volunteers are asked to donate their time only once a month. If interested, call above number or Program Organizer listed in Directory.

XVI. SENIOR CITIZENS - SERVICES AND FACILITIES: (continued)**B. SENIOR CITIZENS COMMUNITY ROOM: (continued)**

6. Special programs will be run at the room throughout the year. Check local papers for announcements. If you or your group would like to run a program for Senior Citizens, please call above number or person listed in roster of this booklet.

C. SENIOR CITIZEN AND CIVIC CENTER:

(program and facility in planning stage at time of this printing)
The location of a Senior Citizen and Civic Center will be at the Stonybrook Field Club.
Check for additional information in forthcoming Hillsdale Heralds, local papers, or write to the Council.

D. BERGEN COUNTY OFFICE ON AGING:

Phone: #646-2623

1. Call this office to apply for a Senior Citizens Card (persons 62 and over).
2. When applying for your card, also request a copy of the "Directory of Participating Merchants - Bergen County - Senior Citizens Discount Program". It will be mailed to you free of charge.

E. HEALTH CONSULTATION AND SCREENING PROGRAMS:

1. HARP - Health Awareness Regional Program - walk-in health center (See Section XVIII)
2. Heart Risk Program (See Section I-B)

F. NEW JERSEY runs a toll-free Hot Line for Pharmaceutical questions or information from Senior Citizens.
PHONE: #800-792-9745**G. TRANSPORTATION/MEDICAL:**

(All must have at least 24 hour advance notice)

1. Transportation to and from a physician, contact FISH #664-2400. (Section XVII - A)
2. Ambulatory transportation to or from a Medical Facility, contact Police Department #664-4200. (Section II - B)

XVI. SENIOR CITIZENS - SERVICES AND FACILITIES: (continued)**G. TRANSPORTATION/MEDICAL: (continued)**

3. HARP - Walk-in health center mini-bus - 666-9620
(Section XVIII)
4. BERGEN COUNTY TRANSPORTATION BOARD #646-2855

H. MEAL SERVICES:

(also see Section XVI - B)

1. Meals on Wheels #664-4000 ext 387 (10:00 AM - 1:00 PM)

I. EXTRA INCOME:

(also see Section XVI - D)

1. S.P.R.Y.: free referral service and job placement
#489-7779
2. Golden Ladder: Store sells handmade items made and
supplied by Senior Citizens in Bergen County.
Phone: 646-2625

J. SENIOR CITIZEN BUS:

Phone: 646-2855

Bus transportation to and from shopping centers is provided to Senior Citizens, sponsored by the Bergen County Board of Freeholders. Call Bergen County Transportation Board 24 hours in advance for door-to-door service at above number.

XVII. SERVICE ORGANIZATIONS AVAILABLE TO HILLSDALE RESIDENTS:**A. F.I.S.H. OF PASCACK VALLEY, INC.:**

Phone: 664-2400

PO Box 623, Woodcliff Lake, NJ 07675

Provides free transportation within Pascack Valley, Monday thru Friday, for those in need. If you can give ONE day per month, FISH also needs volunteers, telephone callers, and drivers.

B. MEALS ON WHEELS OF PASCACK VALLEY:

Phone: 664-4000 ext 387 (10:00 AM - 1:00 PM)

15 8th Avenue, Westwood, NJ 07675

Provides meals for persons unable to provide adequate diets for themselves. Meals are prepared at Pascack Valley Hospital, and special diets are available. Service is for 2 meals per day, 5 days a week; fee is \$3.20 a day, although other arrangements may be made. For information call Director at above number 10:00 AM - 1:00 PM, Monday thru Friday.

C. PLANNED PARENTHOOD OF BERGEN COUNTY:

Phone: 489-1140

385 Main Street, Hackensack, NJ 07601

For all persons in need of family planning services. Services are free or at a low cost. Planned Parenthood also runs a discussion program, educational films, and social service referrals, as well as Women's Health Clinic. (See Section XVIII)

D. S.P.R.Y. (Senior Personnel Registry):

Phone: 489-7779

133 River Road, Hackensack, NJ 07601

Provides free referral service and job placement for older men and women.

E. VISITING HOMEMAKER SERVICE OF BERGEN COUNTY:

Phone: 569-0890

10 Grand Avenue, Englewood, NJ 07631

Temporary home assistance for family and household; including housekeeping, marketing, child care, meal preparation. Also, VHS provides bath service and home health aides. Minimal fees are charged for all services. Call or contact your local hospital or physician.

XVII. SERVICE ORGANIZATIONS AVAILABLE TO HILLSDALE RESIDENTS:
(continued)

F. VISITING NURSE SERVICE OF PASCACK VALLEY:

Phone: 487-0707
300 Atlantic Street, Hackensack, NJ

XVIII. MEDICAL FACILITIES/SERVICES:

A. EMERGENCY ROOM:

The nearest ER is at Pascack Valley Hospital, Old Hook Road, Westwood. Entrance to the ER is the 2nd Hospital driveway off Old Hook Road. It is best to call the ER, stating briefly the problem (if severe) before going. #664-4000.

B. AREA HOSPITALS:

Pascack Valley Hospital, Westwood #664-4000

Bergen Pines County Hospital, Paramus #261-9000

Valley Hospital, Ridgewood #445-4900

River Dell Hospital, Oradell #262-6600 (D.O. facility)

Hackensack Hospital, Hackensack #487-4000

Holy Name Hospital, Teaneck #837-3070

C. HILLSDALE BOARD OF HEALTH:

(Section I - B)

Services: Child Health Conference, Heart Risk Program, and Screening & Immunization Programs. Sponsored by the Borough of Hillsdale and offered free of charge to all Hillsdale residents.

D. PASCACK VALLEY MENTAL HEALTH CENTER:

Phone: #391-1355

Park Ridge

Out-patient program for anyone requiring counseling and therapy.

E. CEREBRAL PALSY CENTER:

Phone: #444-6017

Ridgewood

Located on the grounds of Valley Hospital, the center provides: Psychological Testing; Orthopedic and Dental Clinics; Physical, Occupational, and Speech Therapy - as well as a State Accredited Nursery and Pre-school program.

XVIII. MEDICAL FACILITIES/SERVICES: (continued)

F. HOT LINES:

POISON CONTROL CENTER: #837-3070
(number also printed on EMERGENCY sticker enclosed)

BERGEN WOMEN AGAINST RAPE: #343-3043

HELP FOR VICTIMS OF DOMESTIC VIOLENCE: #487-8484
(battered women/child abuse)

ALCOHOLISM STATE HOTLINE: #800-322-5525

ALCOHOLICS ANONYMOUS GROUPS OF N.J.: #763-1415

PHARMACEUTICAL HOTLINE: #800-792-9745

GAMBLERS ANONYMOUS OF N.J.: #622-4618

XVIII. MEDICAL FACILITIES/SERVICES: (continued)

G. H.A.R.P. (HEALTH AWARENESS REGIONAL PROGRAM):

Phone: 666-9620

1. Program is designed for preventative health screening and testing including: blood pressure, diabetes, vision, and hearing. Registered nurses staff the program providing time for "patients" to sit and talk over personal health worries. HARP's goal is to enable people to reduce the frequency of doctor's visits; it is not meant to replace physicians.
2. The services are predominantly for senior citizens and low-moderate income families of Pascack Valley. All visits are free of charge.
3. Anyone requiring transportation to center can call 666-9620 for free "mini-bus" service. Home health aides, for persons who are unable to go out alone is provided. On the day HARP Health Center is in town, bus gives rides to senior meetings and lunches.
4. Hillsdale Center:
3rd Tuesday of month 1:00 - 3:00 PM
Hillsdale Municipal Building (Board of Health Office)

4th Thursday of month 1:00 - 3:00 PM
United Methodist Church

H. WOMEN'S HEALTH CLINIC:

Phone: 489-1140

1. Clinic is sponsored by Planned Parenthood of Bergen County, and services are offered free or at a minimal cost.
2. Services include: female checkup, pelvic & bust examinations, counseling & birth control information & supplies, counseling & referral for sterilization & infertility for both men and women, as well as testing for blood pressure, uterine cancer, venereal disease, diabetes, and anemia.
3. The clinic is offered the 2nd Thursday of each month at 6:00 PM (call above number for an appointment) at the Westwood Health Department, 51 Jefferson Avenue, Westwood, NJ.

XIX. COMMUTATION:

A. BUS:

Companies provide both local and express service. Timetables are available, upon request.

1. Red and Tan Lines: Main office, Bergenfield, #384-2400
Local office, Westwood
2. Public Service: Hackensack, #488-6210
Bus station located in Westwood at intersection of Broadway and Westwood Avenue.

B. RAIL:

1. Erie Lackawanna: #659-2000
Station is manned each weekday morning between 5:00 - 7:00 AM.

C. TAXI:

1. Comfort Cab: Woodcliff Lake, #261-7777
Service to and from Newark and New York Airports is available.

XX. NEWSPAPERS: (home delivery)

The Local Review, Park Ridge #391-2000 (Thursdays)
The Hillsdale News, Hillsdale #666-1198 (Wednesdays)
The Sunday Post, Paramus #261-6400 (Sundays)
The Record, Hackensack #646-2470 (daily except Saturday)
The N.Y. Times, Ridgewood #445-7800 (daily except Saturday)
The Community Life, Westwood (664-2500 (Wednesdays)
DELIVERED AUTOMATICALLY, AND FREE OF CHARGE
TO ALL RESIDENTS.

XXI. HOUSES OF WORSHIP:

A. CHURCHES - Hillsdale:

Our churches are active in local services and in the sponsorship of local organizations and activities.

1. Holy Trinity Episcopal Church, 326 Hillsdale Ave. #664-2428
2. Pascack Bible Church, 181 Piermont Ave. #666-2353
3. Hillsdale United Methodist Church, 349 Hillsdale Ave.
#664-5231
4. St John the Baptist RC Church, 69 Valley Street #664-3131

B. SYNAGOGUES - Pascack Valley:

1. Temple Beth Or, Washington Twp. #664-7422
2. Temple Beth Sholom of Pascack Valley, Park Ridge #391-4620
3. Temple Emanuel, Westwood #664-2880

C. CHURCHES - Pascack Valley:

Pascack Reformed Church,
Park Ridge #391-4006

Reformed Church of Westwood,
Westwood #666-8998

Our Lady of Good Counsel
Washington Twp. #664-6624

Our Lady of Mercy
Park Ridge #391-5315

Our Lady Mother of the Church
Woodcliff Lake #391-2826

St Andrew's RC Church
Westwood #666-1100

XXI. HOUSES OF WORSHIP: (continued)

C. CHURCHES - Pascack Valley: (continued)

Seventh Day Adventist
Westwood #664-0570

Assembly of God,
Emerson #262-9892

Calvary Baptist Church
Westwood #666-2025

First Baptist Church of P.V.
Washington Twp. #664-8181

Mt Zion Baptist Church, Inc.
Westwood #664-1557

Valley Baptist Church
River Vale #391-3966

First Church of Christ Scientist
Westwood #664-8194

Church of Christ
Montvale #391-6916

First Congregational Church
Park Ridge #391-5800

Community Evangelical Free Church
River Vale #664-8640

Montvale Evangelical Free Church
Montvale #391-6233

Jehovah's Witnesses Congregation
Woodcliff Lake #391-6489

Church of Jesus Christ of Latter Day Saints
Emerson #262-8278

Christ Lutheran Church
Woodcliff Lake #391-4224

Zion Lutheran Church
Westwood #664-1325

XXII. COUNTY PARKS:

County Park Commission
575 Main Street, Hackensack, NJ 07601
Phone: 646-2680

There are several free maps and brochures listing Bergen County Parks, their facilities, restrictions, and permit and reservation requirements. To obtain copies, call or write to Commission. In this section we have endeavored to give you a listing of some local parks and special facilities, but before planning a large family or group outing, we suggest you contact the Commission.

A. PARK-USE PERMITS:

1. Permits are required for organization picnics and other group activities in the parks, for hang gliding, and for the use of ball fields, campsites, meeting rooms, and track and field facilities.
Request must be made in writing, 2 weeks in advance, to the Bergen County Park Commission, 575 Main Street, Hackensack, 07601. Permits are not issued to minors. Before and after swimming season, the permit procedure for group picnics is the same at Darlington as at other parks.
2. Campgaw Reservation's fee of \$1.50 per night per campsite is waived for recognized Bergen County Youth organizations and halved for Bergen residents 65 and older. There is no fee for the tent camping at Ramapo Reservation. Permits are required for all camping. Tents must be fireretardant.
3. A fee of \$80 is charged for a night game at the fenced ball field with lights at Riverside County Park's North Area, and \$20 for a daytime game.
4. Wildlife Center permits, for special programs for school classes and organizations, are obtained directly from the Bergen County Wildlife Center, Crescent Avenue, Wyckoff, 07481.
5. PARKS CLOSE AT A HALF HOUR AFTER SUNSET
Exceptions are made for lighted skiing, ice skating, tennis, horseback riding, and ball games - and for scheduled meetings and programs. Overnight campers need a permit. The Wildlife Center is open from 9 AM to 5 PM.

XXII. COUNTY PARKS: (continued)

B. LISTING OF LOCAL COUNTY PARKS:

Facilities with * require fees, contact Commission for fee schedule and information on reservations or appointments.
Facilities with + require permits.

WOOD DALE PARK; Woodcliff Lake
Fishing-duck feeding pond (ice skating in winter)
Free lighted tennis courts
Picnic facilities
Children's playground

PASCACK BROOK POND; Westwood
Fishing pond
Free lighted tennis courts (3)
Practice backstop
Picnic grove
Children's playground
*+ Ball fields (2)

VAN SAUN PARK; River Edge/Paramus #262-2627
Fishing & duck lake (ice skating in winter)
* Tennis "Center" (12 courts); tennis clinics in summer #265-1028
Picnic groves
Children's zoo and railroad
Children's playgrounds (2)
Shuffleboard and horseshoe courts
* Ball fields
Open play area

SADDLE RIVER PARK; Saddle River/Ridgewood/Glen Rock/
Paramus

Park has 4 separate park areas. Check facilities in area of your choice before planning an outing.
Fishing and duck feeding ponds (ice skating in winter)
Free tennis courts
Picnic groves
Children's playgrounds
Shuffleboard and horseshoe courts
3 mile bicycle and pedestrian trails
*+ Baseball, football and soccer fields

XXII. COUNTY PARKS: (continued)

B. LISTING OF LOCAL COUNTY PARKS: (continued)

CAMPGAW MOUNTAIN COUNTY RESERVATION; Mahwah
Phone: 327-7800

* Ski center (winter only) 5 slopes with lifts, etc.
* Ski school and shop - phone: 327-0488
*+ Hang gliding (Sundays in spring, summer and fall)
*+ Camping
Picnic facilities
Children's play equipment
Nature education

DARLINGTON PARK; Mahwah Phone: 327-3500
During summer, entrance fee is required at park gate.

* Swimming (2 lakes with sandy beaches)
* Fishing and rental boating (1 lake)
Picnic groves
Children's playground
Tennis, handball, and horseshoe courts

C. SPECIAL FACILITIES:

1. Tent camping and hiking: *+
Ramapo Valley County Reservation, Mahwah
Campgaw Mountain Reservation, Mahwah #327-7800
2. Nature education--lectures:
Campgaw Mountain Reservation, Mahwah #327-7800
Bergen County Park Commission Wildlife Center, Wyckoff,
891-5571
3. Horseback riding: *
Saddle River Horseback Riding Area, Franklin Lakes 891-4923
Overpeck County Park, Fort Lee/Teaneck 944-3253
4. Golf courses: *
Orchard Hills B.C. Golf Course, Paramus 447-3778
Darlington B.C. Golf Course, Wyckoff
Rockleigh B.C. Golf Course, Rockleigh 768-6353
Overpeck B.C. Golf Course, Teaneck 837-3020
5. Bicycle-pedestrian trails:
Saddle River County Park
Van Saun Park
Overpeck County Park

XXII. COUNTY PARKS: (continued)

D. COUNTY PARK BUS:

During July and August there is a bus service which stops at each town in Bergen County each morning. The bus will bring you to Van Saun Park, or to Darlington Park. Each evening, the buses will then bring you back to your town from the park. Fares are minimal. For questions or schedules call 488-0840 (8:30 AM - 4:30 PM) Monday - Friday.